To use age-grading, we produce an "Age-Graded Performance Factor." This factor, which is dependent on the runner's age and gender, is obtained by dividing a runner's time into the time standard for age and gender. The meaning of a performance percentage as given by World Association of Veteran Athletes (WAVA):

- 100% = Approximate World-Record Level
- Over 90% = World Class
- Over 80% = National Class
- Over 70% = Regional Class

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