

2012 Alaska Run for Women
5 Miles, Anchorage, Alaska
FINAL RESULTS

Timing & Results by Up & Running Event Mgmt.

***** SURVIVOR RESULTS GRADED BY AGE*****

To use age-grading, we produce an "Age-Graded Performance Factor."
This factor is obtained by dividing a runner's time into the time standard
for the age and gender of the runner. The meaning of a performance
percentage as given by World Association of Veteran Athletes (WAVA):
100% = Approximate world-Record Level
Over 90% = world Class
Over 80% = National Class
Over 70% = Regional Class
Over 60% = Local Class

No.	Name	Su	Age	S	City	St	Time	Age%
189	Mary Barrett	Y	58	F	Sitka	AK	36:18	83.79
21	Mary Marsolais	Y	75	F	Eagle River	AK	48:21	82.01
5	Lesley Yamauchi	Y	59	F	Anchorage	AK	37:57	81.26
31	Teresa Hull	Y	75	F	Anchorage	AK	52:11	76.00
44	Elaine Tibbetts	Y	59	F	Anchorage	AK	40:56	75.33
35	Gayne Turner	Y	51	F	Talkeetna	AK	37:19	74.38
71	cynthia decker	Y	53	F	anchorage	AK	38:54	73.18
58	Dyanne Brown	Y	64	F	Anchorage	AK	46:19	71.58
33	Mary Flanigin	Y	62	F	Anchorage	AK	45:47	70.30
15	Mary Ann Renkert	Y	56	F	Anchorage	AK	43:49	67.58
38	shelly matherne	Y	45	F	Anchorage	AK	38:48	66.95
18	JEANNE FUNATAKE	Y	61	F	Anchorage	AK	47:55	66.20
67	Jean Bokman	Y	53	F	Anchorage	AK	43:02	66.16
24	Diane Frank	Y	66	F	Anchorage	AK	51:47	66.00
68	Lisa Huffman	Y	43	F	Anchorage	AK	39:53	64.04
48	Lynne' Doran	Y	41	F	Girdwood	AK	42:07	59.76
27	Tracy Cascio	Y	49	F	Danville	CA	47:08	57.48
74	Annette Funk	Y	44	F	Anchorage	AK	45:05	57.08
54	Carol Russell	Y	69	F	Anchorage	AK	1:03:00	56.85
50	Linda Kidd	Y	51	F	Palmer	AK	49:26	56.14
59	carol waters	Y	65	F	Anchorage	AK	1:01:05	55.09
73	Luba Belavsteva	Y	56	F	Anchorage	AK	54:00	54.83
49	Sarah Scanlan	Y	60	F	Anchorage	AK	58:55	53.08
70	Nancy Stone	Y	62	F	Anchorage	AK	1:01:21	52.47
34	Sheila Swanson	Y	46	F	Anchorage	AK	50:06	52.34
69	Issa Otten	Y	46	F	Anchorage	AK	50:09	52.29
62	Patricia Anderson	Y	64	F	Anchorage	AK	1:04:42	51.24
200	Jonda Lutz	Y	52	F	Palmer	AK	56:00	50.19
7	Sheri Cole	Y	51	F	Anchorage	AK	55:24	50.10
11	Lorraine Krueger	Y	57	F	Eagle River	AK	1:01:30	48.79
187	Lin Hinderman	Y	64	F	Girdwood	AK	1:08:26	48.45
28	Melissa Erhard	Y	36	F	Anchorage	AK	51:39	47.47
32	Aleta Vail	Y	56	F	Anchorage	AK	1:02:34	47.32
17	Memry Dahl	Y	49	F	anchorage	AK	58:08	46.59
40	Blanca Buffone	Y	54	F	Anchorage	AK	1:03:07	45.69
60	Deeta Lonergan	Y	63	F	Anchorage	AK	1:12:49	44.84
191	Lori Pedersen	Y	50	F	Anchorage	AK	1:02:21	43.98
185	Annie Blanks	Y	61	F	Anchorage	AK	1:13:15	43.30
56	Marilyn Pettit	Y	66	F	Anchorage	AK	1:19:32	42.96
196	Alicia Froh	Y	53	F	Anchorage	AK	1:06:30	42.81
3	Rebecca Graham	Y	46	F	Palmer	AK	1:01:31	42.62
192	Susan Long	Y	53	F	Anchorage	AK	1:07:27	42.21
4	Patti Reynier	Y	59	F	Hammond	LA	1:13:13	42.12
20	Jane Meacham	Y	69	F	Anchorage	AK	1:25:53	41.71
190	Shirley Keisor	Y	83	F	Anchorage	AK	1:53:41	41.46
55	Susan Reeves	Y	38	F	Anchorage	AK	1:00:36	40.82
186	Debby Carlson	Y	58	F	Anchorage	AK	1:15:10	40.47
39	Ruth Rudzinski	Y	37	F	Arlington	VA	1:01:06	40.30
13	Janice McMullen	Y	53	F	Eagle River	AK	1:10:50	40.19
53	Kris Parkinson	Y	41	F	Anchorage	AK	1:04:49	38.83
75	Gloria Lavallo	Y	70	F	East sound	WA	1:33:58	38.74
51	Toni Stevens	Y	60	F	Anchorage	AK	1:22:52	37.74
193	Annelie Nissen	Y	62	F	Anchorage	AK	1:25:26	37.67
42	Marty Beckwith	Y	62	F	Anchorage	AK	1:26:10	37.35
29	Jayne Crupi	Y	53	F	Anchoarge	AK	1:18:03	36.48
26	Lynn Hartz	Y	60	F	Anchorage	AK	1:26:44	36.06
77	Christine O'Farrell	Y	51	F	Carson City	NV	1:16:59	36.05
195	Terri Dennett	Y	55	F	Anchorage	AK	1:21:03	36.05
76	Christine Anderson	Y	51	F	Homer	AK	1:17:00	36.05
65	Dawn HANSEN	Y	51	F	Anchorage	AK	1:21:04	34.24
66	Arleene Banks	Y	61	F	Anchorage	AK	1:33:47	33.82
30	Ruth Anderson	Y	58	F	Anchorage	AK	1:31:07	33.38
8	Kimberly Buskirk	Y	41	F	Anchorage	AK	1:17:25	32.51
16	Kathleen Hickey	Y	51	F	Eagle River	AK	1:26:30	32.09
6	susan musgrove	Y	61	F	Palmer	AK	1:41:05	31.38
12	Carey Carpenter	Y	35	F	Anchorage	AK	1:18:02	31.32
10	Connie Struempff	Y	59	F	Anchorage	AK	1:42:33	30.07
184	Lauren Larsen	Y	48	F	Anchorage	AK	1:29:13	30.00
9	Andrea Miller	Y	56	F	Anchorage	AK	1:43:08	28.70
22	Judith Brendel	Y	64	F	Anchorage	AK	1:57:08	28.30
57	Charlene Chanonto	Y	50	F	Anchorage	AK	1:41:29	27.02
72	Roberta Quintavell	Y	50	F	Anchorage	AK	1:43:08	26.59
19	Lynelle Kukowski	Y	44	F	Anchorage	AK	1:56:55	22.01