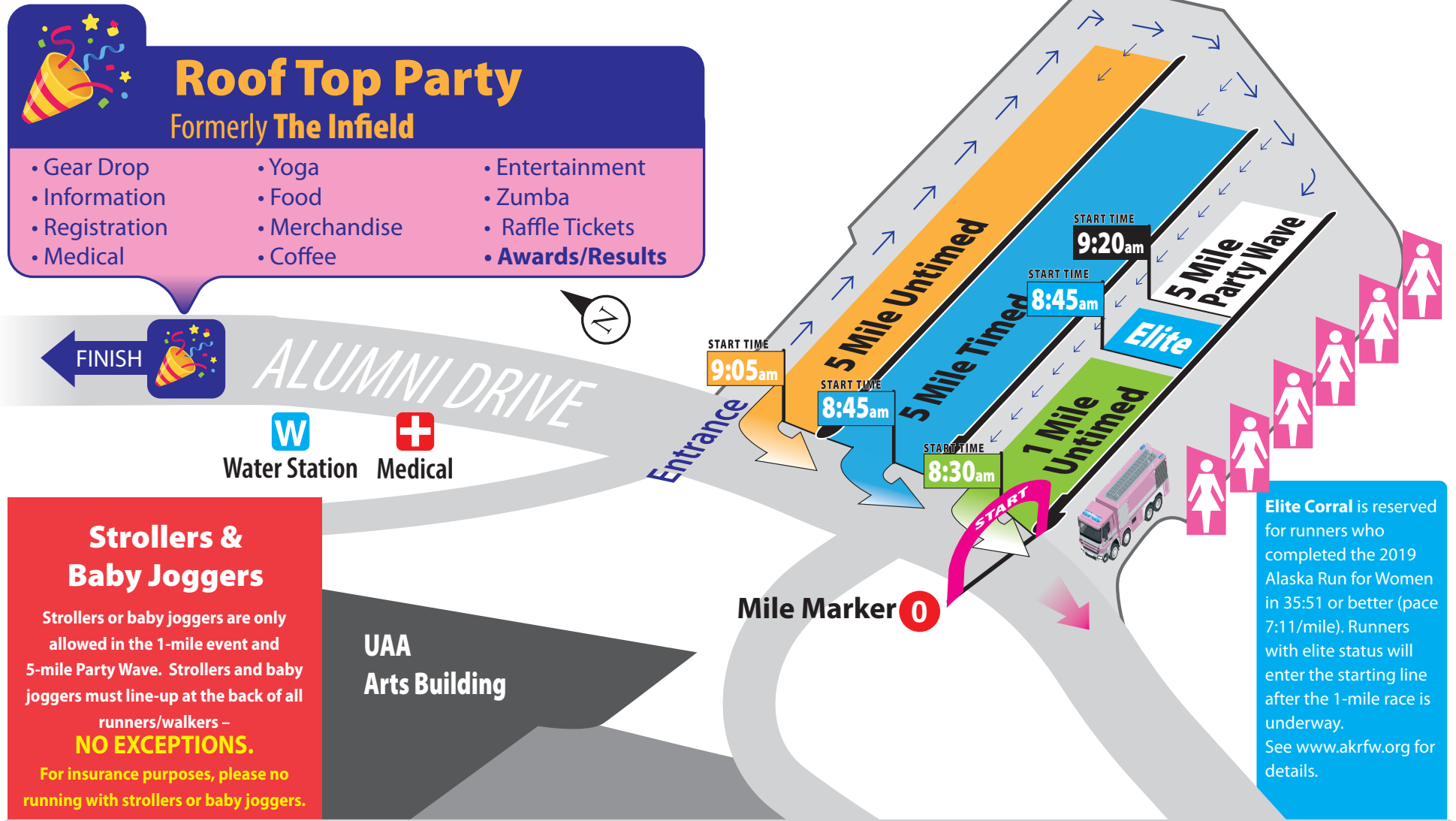


Alaska Run for Women UAA Starting Area Layout



Wave starts for each event category.

Staging will begin at 8 a.m. for all events.

It is the participant's responsibility to be in their identified start corral 30+ minutes prior to start time.

Bib Color

Participant bib colors will match the start corral colors above. Look for colored flags on event day for your start area. Volunteers will direct participants to the correct start area and to the start line.

	Start Time	In Corral by
1-mile Untimed	8:30am	8:00am
5-mile Timed	8:45am	8:15am
5-mile Untimed	9:05am	8:35am
5-mile Party Wave	9:20am	8:50am