Alaska Run for Women Back Tags

The 2022 Alaska Run for Women's back tags are provided to celebrate the courageous women in your life.

You can select from two types:

Page 2: In Honor OfPage 3: In Memory Of

Each tag has a place for you to add a name or message in a text field. You can also print them out blank and hand write in the name or message. *Be creative and decorate them as you'd like*.

TIP: If you'd like to use your own fonts or colors to display a name, write the words out in a program like Word, in the font and color you want, and then paste it into the form field. It should keep your style as long as it fits the size of the field. Modify to fit.

Be Inspired:

Print them out and pin them to your shirt when you participate. Or maybe this year you put it in the front window, your bathroom mirror, your car window... *Anywhere that motivates you*.





Show us who you're running for:

This year we encourage you to post images to our link #akrfw2022 with imagery that helps you celebrate life and that can inspire us all.



Alaska Run for Women







I'm doing the



in Honor of:





I'm doing the

Alaska Run For Women in Memory of: