

# Alaska Run for Women Back Tags

The 2023 Alaska Run for Women's back tags are provided to celebrate the courageous women in your life.

## You can select from two types:

- Page 2: In Honor Of
- Page 3: In Memory Of

Each tag has a place for you to add a name or message in a text field. You can also print them out blank and hand write in the name or message. *Be creative and decorate them as you'd like.*

**TIP:** *If you'd like to use your own fonts or colors to display a name, write the words out in a program like Word, in the font and color you want, and then paste it into the form field. It should keep your style as long as it fits the size of the field. Modify to fit.*

## Be Inspired:

Print them out and pin them to your shirt when you participate. Or maybe this year you put it in the front window, your bathroom mirror, your car window... *Anywhere that motivates you.*

I'm doing the  
**Alaska Run for Women**   
in Honor of:



I'm doing the  
**Alaska Run for Women**   
in Memory of:



## Show us who you're running for:

This year we encourage you to post images to our link [#akr fw2023](https://www.instagram.com/akr fw2023) with imagery that helps you celebrate life and that can inspire us all.



*I'm doing the*

**Alaska Run For Women**

*in Honor of:*



*I'm doing the*

**Alaska Run For Women**

*in Honor of:*



*I'm doing the*

**Alaska Run For Women**

*in Memory of:*



*I'm doing the*

**Alaska Run For Women**

*in Memory of:*

